

# SPORTS CPR SEMINAR

Keep our Athletes safe.

As part of this FREE seminar, you will become CPR/AED Certified, receive a complimentary CPR Anytime Kit and learn injury prevention tips for your athletes from Oswego Health's sports medicine experts.

SPONSORED BY OSWEGO HEALTH

**SATURDAY, APRIL 8, 2023**

1:00-4:00 p.m.

Oswego YMCA

**RESERVE YOUR SPOT TODAY!**

[www.oswegohealth.org/healthyathlete](http://www.oswegohealth.org/healthyathlete)

Spaces limited.



Helping People. Supporting Communities. Changing Lives.